

The Talk Shop

Every Thursday 4-7
(during Covid restrictions)

The Talk Shop is able to offer a limited number of one-to-one brief intervention counselling slots on a Thursday evening to children and young people aged 9-19 at The Anthony Seddon Centre. If you would like a space, please contact 0161 376 4439 on a **WEDNESDAY before 3pm** for an appointment the next day. This is on a first come first served basis.

Alongside this on a Thursday between 4-7, Off The Record and Healthy Young Minds are able to offer a limited number of appointments for support/advice to families. These will be offered on a first come first served basis. To request an appointment, please contact 0161 376 4439

COVID guidelines are in place and **must be** adhered to at all times. As stated, there are only a limited number of spaces so please be patient if you do not receive a space.

The Anthony Seddon Centre
12 George Street, Ashton-Under-Lyne
Telephone-0161 376 4439

The Anthony Seddon Fund

